



## TURNING INSIDE OUT!

Ideas from the team at Stubbington Study Centre for you to try when not at school.

### Nature's Rainbow

An arty garden activity! Get outside into your garden or a nearby open space.  
Hunt for a rainbow of colours that nature has provided!

<p><b>Things you will need:</b> Nothing .....you can do this without any resources!</p> <p><b>Being safe:</b> Check with an adult about which plants are safe to touch. Keep your hands away from your face. Make sure you wash your hands when you have finished!</p>	
<p><b>Step 1</b> Hunt around your garden, or a nearby open space, and spot the different colours you can see. Try to find all the colours of the rainbow: Red, orange, yellow, green, blue, indigo, violet</p>	<p><b>Step 2</b> Carefully pick up some of these colours. Check with an adult before you do this, they might not want their best flowers picked!</p> <p>Leaves and flowers you find on the ground are the best ones to choose.</p>
<p><b>Step 3</b> Arrange the things you have collected into a rainbow. Try to get them in the right order!</p>	<p><b>Step 4</b> If it is a windy day, you might need to find some small stones to weigh down your artwork. Admire your artwork!</p>
	<p><b>What could you do next?</b> Focus on one colour. Which colour was the easiest to find?</p> <p>See how many shades of this colour you can find and order them from the lightest to the darkest.</p>

*Stubbington Study Centre... where learning comes to life!*