



3rd February 2021

19

NEWSLETTER

Dear Parents

As you might be aware, this week is Children's Mental Health Awareness Week and with our children being affected by COVID-19, it seems very pertinent this year

We emailed all parents yesterday with details of an assembly which shares with you a helpful website that you and your family might like to look at this week. The assembly was emailed to you by your child's class teacher. The website mentioned in the assembly is below:

<https://www.childrensmentalhealthweek.org.uk/>

On the website, you can access some lovely activities and there are parental resources, which you might find useful.

You also received some resources that we have been made aware of. One of the resources is something called 'Zones of Regulation.' If your child struggles at times to regulate their emotions, this might be a helpful tool for you. I have included some information about Zones of Regulation, some stories to support it and strategies you could use at home. There are some other tools on the school website, which can be found in the PSHE area, that you might find useful.

Finally, we understand and appreciate that these are challenging times at present and if you or your child need any support, please do contact your child's class teacher or the school office.

Attached to the newsletter today is a Family Wellbeing Pack from the School Nursing Team.

Road Safety Education

Attached to the newsletter you will find information and resources from Hampshire's Road Safety Team.

Condover Hall/Stubbington Refunds

The application for Stubbington Refunds has now been submitted to Hampshire County Council so you should receive this soon.

The application for Condover Hall refunds will be submitted as soon as all families have sent in their request. If you have not already done so please email your refund request to adminoffice@stokepark-jun.hants.sch.uk.

Stubbington for current Year 3 Children

Thank you to all parents who paid your deposit to secure your child's place at Stubbington when they are in Year 4. The request for places has now been placed with Stubbington and as soon as we know our allocated date, I will let you know.

Condover Hall for current Year 5 children

We have provisionally booked Condover Hall for current Year 5 children to attend when they are in Year 6. If you would like to reserve a place the Scopay account for this trip is now open for deposits of £50.00. Children in Year 5 will receive a letter with further details before half term.

Reminders

School will be closed to all children on Friday 12th February. The office will also be closed on this day, so if you need to make contact with us, please do so by emailing adminoffice@stokepark-jun.hants.sch.uk.

School will also be closed for half term from Monday 15th February – Friday 19th February.

Allison Jenkins
Headteacher